

# THE INTENTIONAL (I-DEAL) YEAR

*Our Promise to Seek Help with Challenges in Our Blessing*

**Blessing & Family Ministry, FFWPU - USA**

## The Introduction to the Intentional (I-Deal) Year

Any relationship between a man and woman, no matter how loving, committed and deep it may be, will face challenges and difficulties. God designed men and women as complementary opposites; we love differently, and experience love differently. Of course, the best way to maintain a strong marriage is to live a healthy spiritual life as part of a supportive community. But it is normal and natural for any relationship to face times of crisis.

When such painful times arise, the strength of your eternal commitment is of course important. However when you feel overwhelmed, it is smart and healthy to get help. If you cannot find the way to resolve your struggle, it is not acceptable to simply withdraw and avoid, drift into non-communication or seek comfort in unhealthy ways. It is important to report your situation honestly, not only to a friend, but also to a trusted mentor, counselor, or your local pastor. The Blessing & Family Ministry is committed to providing your local pastor and ministry team the support and guidance that can help them assist you, confidentially and professionally.

The Intentional (I-Deal) Year is a commitment to invest at least one year in a guided and supported process to heal and renew. This is a minimum requirement for any Blessed Couple, before concluding that your marriage has no future.

By signing this form, your couple is making the following promises:

- We promise to maintain an eternal commitment to our Blessing.
- We promise to report to our local pastor, or local BFM Coordinator, if troubles arise.
- We promise to invest in our Intentional (I-Deal) Year before making any final decision about ending our Blessing.

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Groom's Name [Print]

\_\_\_\_\_  
Groom's Signature

\_\_\_\_\_  
Bride's Name [Print]

\_\_\_\_\_  
Bride's Signature

\_\_\_\_\_  
Date

**Ver: March 21, 2016.** *Keep original at your local church, provide a copy to the couple and email a copy to the National BFM at [bfdadmin@unification.org](mailto:bfdadmin@unification.org). To fax: 212-997-0054 To mail: HSA-UWC, Attn: Blessing & Family Ministry, 481 Eighth Ave, #1205, NY, NY 10001*